

INDIGO

FITNESS CLUB

GROUP FITNESS KURSE / GROUP FITNESS CLASSES
 STANDORT / LOCATION: INDIGO AT SIX / ZÜRICH

ZEIT	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG
11:00	11:00-11:45 INDOOR CYCLING CHRISTIAN		11:00-11:45 INDOOR CYCLING CHRISTIAN		
12:00	12:00-13:00 PUMP @ SIX MICHI	12:00-13:00 OUTDOOR BOOTCAMP MICHI (BAD WEATHER:21)	12:00-13:00 BODYTONING MICHI	12:00-13:00 OUTDOOR BOOTCAMP MICHI (BAD WEATHER:TRX)	12:00-13:00 FUNCTIONAL CIRCLE MICHI